CARD #1
1. Step right foot to the right.
2. Return right foot to the starting position.
3. Step left foot to the left.
4. Return left foot to the starting position.
Card #2

1. Move toes of left and right feet apart.
2. Move heels of left and right feet together.
3. Move heels of left and right feet together.
4. Move toes of left and right feet together.
CARD #3
1. Lift right knee up/forward.
2. Touch toes of right foot behind the body.
3. Lift right knee up/forward.
4. Step back on right foot and pivot ¼ turn clockwise.
CARD #4
1. Lift left knee up/ forward.
2. Step back on the left foot
3. Step back on right foot.
4. Step back on left foot.