Clicker Practice /No Grade

- Please turn off and stow all electronic devices except your clicker.
- Don’t tempt your neighbor – guard your response.
- Practice only. No points or penalties.

1. How do you characterize your diet?
A. Omnivore.
B. Vegetarian (ovo-lacto).
C. Vegetarian.
D. Vegan.
E. Other /uncertain

2. Are there any religious/ethical restrictions on your diet?
A. Halal or Kosher.
B. Hindu.
C. Seventh Day Adventist.
D. Other religious/ethical restriction.
E. No religious ethical restriction.

3. Are you under any medical orders restricting on your diet?
A. Yes.
B. No.

4. To what extent have immigrant ancestors affected your diet?
A. Little if at all.
B. Moderately.
C. Substantially.

5. How much did your diet change from high school to college?
A. Little if at all.
B. Moderately.
C. Substantially.
6. Would you be interested in Saturday field trips in this class (e.g., farmer’s market, ethnic groceries)?
A. Little if at all.
B. Moderately.
C. Substantially.

Q. Is one calorie the same as any other?
A. No—it takes energy to get energy.

How much of this diet comprises industrial (packaged, factory-processed) food?

How do this person's life conditions—income, time demands, and taste, for example—shape food choice?

Potentially, what are the long term personal, public health, and environmental impacts of this diet?

QUOTE

“When you raise it, you eat it.”

FACTOID

“In the 1930s, 25% of Americans lived on farms; today, just 1% claim farming as their primary occupation.”

BIG PICTURE

A farmer's life in the era of “Big Ag.”

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PREVIEW

Blog 1. Roots of my diet or My culinary origins

- 1,000 word limit.
- Three original photos or visuals (at least one with avatar).
- Created in word processor of your choice and uploaded as PDF.
- Comment on others' uploads.
PREVIEW
Blog 1. Roots of my diet
or My culinary origins

Who or what are the people, places, or events that explicate your culinary roots? How did they make you the eater that you are today?

• Family dimension—parents or other older relatives?
• Cultural or community dimension—place or its population?
• Formative events or activities—camping, travel, media?

Bottom Line: TELL A STORY!

Inspiration for your blogs: Student Guest Presenter
Joshua Montemayor

The Best Shot

It began with Facebook...

Lemon Pepper Shrimp

Stuffed Vegetables